

# Mesenchymal Stromal Cells From Wharton's Jelly (WJ-MSCs): Coupling Their Hidden Differentiative Program to Their Frank Immunomodulatory Phenotype

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### EMBRYOLOGICAL ORIGIN AND HISTOLOGY OF HUMAN UMBILICAL CORD

The first complete description of the umbilical cord (UC) tissue was given by Thomas Wharton, whose book “*Adenografia sive glandularum totius corporis descriptio*,” was published in London in 1656. This allowed to first define the features of the peculiar tissue constituting the bulk of the cord, now known as Wharton's jelly (WJ), that is nowadays classified as a mature mucoïd connective tissue.

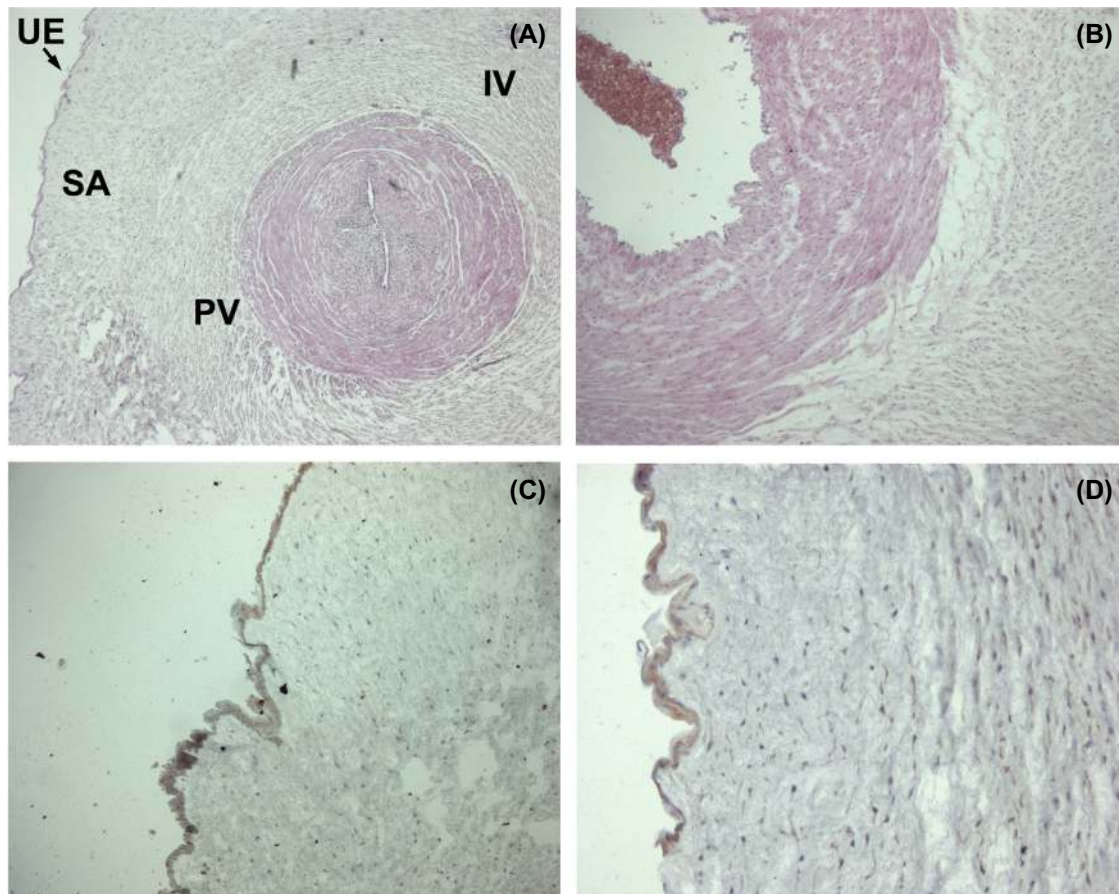
The embryological origin of the UC is quite complex because different extraembryonic tissues concur to its formation: extraembryonic mesoderm, extraembryonic endoderm, amnioblasts. There is a vast literature on the development of the UC tissues since the first phases of differentiation and specification of its constituents. With respect to the difficulties to work with human embryos, studies on animal models shed new light on the developmental origin of the cells found in mature UC. The mesoblast is the key tissue that evolutionarily differentiates the triblastic embryos from the diblastic ones. And in human development, differently from well-known animal models as the mouse, the first 2 weeks are devoted principally to the development of extraembryonic tissues. During implantation, a key phenomenon occurs in the embryoblast cells: these cells organize themselves in a planar arrangement constituted by two epithelial layers, the epiblast, characterized by mainly columnar cells, and the hypoblast. The second half of the second week of development is characterized by the formation of other key extraembryonic tissues. At day 11, a deepithelization and cavitation process starts in the epiblast layer, giving rise to the formation of the first amnioblast cells. These will proliferate and cover the overlying cytotrophoblast to create the primordium of the amniotic cavity. Around days 12–13, another extraembryonic tissue appears, namely, extraembryonic mesoderm or mesoblast. The origin of this tissue in human embryo is still a debated

point in embryology. The extraembryonic mesoderm is a fundamental tissue in embryonic development because it contributes most of the bulk mass of the UC and the placental stroma. At day 13, there is evidence of the formation of the connecting stalk between the embryo and the walls of the developing chorionic cavity. The UC originates from the connecting stalk [1,2], and then this anatomical formation connects fetus and placenta throughout pregnancy. The UC is formed essentially by the closing in of the somatic stalk. The obliteration of the UC coelom is determined by a proliferation of the fibrous tissue, which forms a ring at the embryonic attachment of the cord. Some faults of the junctional mesoderm may cause congenital herniation, which may result from incorrect development of the cord [3]. Among the functions of UC, its closure after birth is an important (and yet poorly understood) process that safeguards against blood loss of the newborn [2].

The UC is layered by cubic epithelial cells, forming the umbilical epithelium (Fig. 20.1A) that connects amniotic epithelial cells and the tegumentary epithelium of the fetus [4,5]. As shown in Fig. 20.1, these cells are positive for keratin expression.

The cord epithelial layer shows characteristic gestational age-related changes. Initially the epithelial cells have been demonstrated to possess microvilli and cilia. Along the third month, between the 8th and 10th weeks, they constitute a single-layered epithelium, which then becomes bilaminar by the end of the third month [6]. Between the sixth and seventh months the epithelium is trilayered but keratinization is a rare occurrence, except in the cord region closer to fetus. At term, this area is characteristically opaque, and the remaining part consists of a simple squamous epithelium. At the placental end, there is a characteristic sudden transition with the cubical amniotic epithelium [2,6].

Human umbilical cord (HUC) epithelium covers the subamnion and a mature mucous connective tissue; the so-called WJ that surrounds the adventitia and media of the fetal vessels is thought to act preventing vessel compression, torsion, and bending (Fig. 20.1). WJ features cellular elements scattered into an abundant extracellular matrix, where the amorphous



**FIGURE 20.1** Microscopic demonstration of the different zones of human umbilical cord. (A) The umbilical epithelium (UE) lines cord surface; subamniotic zone (SA) is a narrow band immediately beneath epithelial layer. The Wharton's jelly (WJ) occupies the rest of the stroma, both intervacular (IV) and perivascular (PV). (B) Higher magnification of the PV area around umbilical vein. (C and D) Keratin immunohistochemistry shows positivity at epithelial level and also in the scattered WJ stromal cells. Magnification: 50× (A), 200× (B–D).

ground substance is predominant. Classical studies showed that the main components are sulfated glycosaminoglycans (GAGs), such as hyaluronic acid, and proteoglycans, such as decorin and biglycan [7,8]. Collagen types I, III, and VI and basement membrane molecules such as collagen type IV, laminin, and heparan sulfate have been demonstrated in the extracellular matrix throughout the cord stroma from the subamnion to the perivascular zone [9,10]. Collagen filaments are increased immediately beneath the epithelium and in the deeper part of the cord, especially near the large umbilical vessels, where they are oriented circularly to the vessels, an arrangement which is characteristically shown also for the cells (Fig. 20.1) [6,11]. The organized distribution of the various collagen types has been suggested to be responsible for the mechanical properties of the UC [12].

## MOLECULAR FEATURES OF WHARTON'S JELLY MESENCHYMAL STROMAL CELLS

The bone marrow (BM) is certainly the most common source of mesenchymal stromal cells (MSCs). Friedenstein and colleagues were the first to demonstrate that mesenchymal stem cells from bone marrow (BM-MSCs) are able to undergo *ex vivo* expansion, growing on a plastic surface, and differentiate in various cellular lineages such as adipocytes, osteocytes, chondrocytes, tenocytes, and nervous tissue cells [13]. According to the general consensus, BM-MSCs express typical “core” markers such as CD44, CD73, CD90, CD105, CD166, CD49e, CD51, CD54, CD59, CD71 [14,15]. Specific markers of the endothelial lineage, such as CD31 and vWF are absent in BM-MSCs, as well as hematopoietic markers (CD14, CD34, CD45, CD79, CD86, and CD235a) [16–18]. Various reports suggested that the use of MSCs *in vivo* should be safer with respect to formerly investigated embryonic stem cells (ESCs) because MSCs have higher chromosomal stability and do not induce neoplasm formation in the recipient host [19,20]. However, only a minor fraction of BM cells are useful for regenerative medicine applications (their frequency ranging between 0.0001% and 0.01% of nucleated cells) [21].

The abundant ECM of UC stroma contains dispersed stromal cells, now referred to as MSCs. Classical studies, such as that by Takechi and colleagues, identified the majority of stromal cells as myofibroblasts [12]. Even if the stroma can be divided into three different zones (subamnion, WJ, and perivascular zone) and data from *ex vivo* cells have shown differences between cells pertaining to the various zones, the term “Wharton's jelly cells” (WJCs) is often extended to all umbilical stromal cells. As demonstrated by different groups, MSCs derived from HUC and other fetal/neonatal tissues share common features with MSCs derived from adult tissues (BM, adipose tissue, peripheral blood) such as self-renewal capability and differentiative potential toward different types of tissue cells. Considering the expression of surface molecules, there is a significant overlap between the markers expressed by BM-MSCs and WJ-derived mesenchymal stromal cells (WJ-MSCs). Immunocytochemistry experiments have shown that WJ-MSCs (as well as BM-MSCs) lack expression of CD31, CD33, CD34, CD45. CD56 is expressed by BM-MSCs, but not by WJ-MSCs. Moreover, both BM-derived and WJ-MSCs lack expression of HLA-DR [13]. On the other hand, WJ-MSCs express at protein level: CD73, CD90, CD105, HLA class I, as well as CD10, CD13, CD29, CD44, CD49e, and CD166. All of them were also characterized as BM-MSC markers [13,22]. More recently, other markers have been reliably associated to the WJ-MSC populations *ex vivo*.

Immune-related antigens such as CD68 and CD14 have been reported in WJ-MSCs and cord lining (CL)-MSCs, respectively, by us and other authors [23,24]. More recently, CD200 and its receptor, which are involved in immunomodulation processes, have been demonstrated to be expressed in WJ-MSCs [25]. In addition, CD271, an immunomodulatory molecule initially described in BM-MSCs, has also been shown to be expressed in fresh UC specimens [26].

Our group showed that WJ-MSCs express at mRNA and protein levels the key transcription factors GATA-4, GATA-5, GATA-6 [27]. All of these transcription factors are involved in different developmental pathways of mesoderm- and endoderm-derived organs [13,27].

We also demonstrated that WJ-MSCs express connexin-43 (Cx-43) [27], a molecule that is typically expressed in embryonic and myocardial cells. It is responsible for the formation of intercellular gap junctions. Recent reports indicated that Cx-43 expression along the myocardial differentiation pathway increases in a stage-related manner and is correlated to proliferation arrest and acquisition of a mature phenotype [13]. Moreover, we were the first to describe the expression of a subset of epithelial cytokeratins in WJ-MSCs isolated by nonenzymatic methods [27]. In particular, we demonstrated the expression of CK-8, CK-18, CK-19, whereas CK-7 was not detected. In addition, we confirmed the expression of neuroectodermal markers such as glial fibrillar acidic protein and neuron-specific enolase also in undifferentiated cells, as described in earlier reports on WJ-MSCs and in BM-MSCs [13,27].

## WHARTON'S JELLY MESENCHYMAL STROMAL CELLS ARE MULTIPOTENT STEM CELLS

Several reports indicate that WJ-MSCs are multipotent cells, thus capable of giving rise to different mature cellular types. Most studies agree that WJ-MSCs can be successfully induced toward connective tissue phenotypes (osteoblasts,

adipocytes, and chondrocytes), thus opening new paths in regenerative medicine applications to the musculoskeletal system. This trilineage differentiation potential of WJ-MSCs fulfills the minimal criteria stated in 2006 to uniformly define MSC properties [28]. Phenotypical and morphological criteria can be used to define the effectiveness of the differentiation of MSCs toward the mature cytotypes of these connective tissues.

The standardized protocols to obtain osteogenic differentiation of MSCs [29–31] result in the acquisition of a differentiated phenotype that may be confirmed by specific histological stains for extracellular calcium such as Alizarin Red S and Von Kossa [27]. Moreover, differentiated MSCs should express specific proteins such as osteonectin, osteocalcin, periostin, *runx2* [32].

After adipogenic differentiation protocols, differentiated adipocytes should be demonstrated by lipid-specific histological stains such as Oil Red O [27]. In addition, newly differentiated adipocytes express specific proteins such as adiponectin, leptin, and PPAR- $\gamma$ .

When chondrogenic differentiation of MSCs is performed by standardized methods, the differentiated cells can be specifically stained by Alcian blue or Safranin O-Fast Green [33]. In addition, the acquisition of the chondrocyte phenotype can be demonstrated by the expression of specific proteins such as collagen type II, cartilage oligomeric matrix protein, and aggrecan [13,34]. In addition, WJ-MSCs have been successfully differentiated toward cells of other mature organs such as neural cells [35], skin follicular cells [36], cardiomyocytes [37].

## WHARTON'S JELLY MESENCHYMAL STROMAL CELL DIFFERENTIATION TOWARD INSULIN-PRODUCING CELLS

WJ-MSCs recently gained much attention because of their easy sourcing, culture, and differentiability into several tissues. A few important pilot reports indicate that these cells can be successfully differentiated into IPCs (insulin producing cells).

Chao and coworkers differentiated WJ-MSCs into IPCs through a stepwise culture protocol using neuron-conditioned medium. The authors transplanted the obtained differentiated cell clusters into livers of diabetic mice. Insulin was showed to be expressed in response to physiological glucose levels. The authors also assessed the secretion of C-peptide and the expression of specific genes such as *Pdx-1*, *Nkx2.2*, *HLXB-9* and *Glut-2* [38].

A comparative study was performed by Wu and colleagues to compare the differentiative ability of WJ-MSCs and BM-MSCs towards an IPC phenotype. Both cellular types were able to form islet-like clusters on the first day of culture in a medium containing nicotinamide, activin, hepatocyte growth factor (HGF), exendin-4, and pentagastrin. *Pdx-1* was shown to be expressed at higher levels in differentiated WJ-MSCs than in differentiated BM-MSCs. Secretion of insulin and mRNA expression of insulin and C-peptide were comparably higher in the differentiated WJ-MSCs [39]. In a parallel report, Wang and coworkers further enriched these data with *in vitro* and *in vivo* experiments using differentiated human WJ cells to treat diabetes in NOD mice. After transplantation, IPCs were located in the liver and were able to normalize glycemia [40]. Taken collectively, these promising data suggest that WJ-MSCs possess the ability, both *in vitro* and *in vivo*, to differentiate into insulin-secreting cells [22].

In a later report, Tsai et al. performed differentiation experiments using MSCs from HUC, which were induced through a three step protocol to obtain IPCs. The features of differentiated cells were assessed by immunocytochemistry, real-time PCR, and ELISA. *In vivo* experiments were performed by transplanting differentiated cells into the liver of diabetic rats via portal infusion. *In vitro* data showed that pancreatic  $\beta$ -cell development-related genes (such as *PDX1*, *Pax4*, and insulin) were expressed in the differentiated cells. In addition, C-peptide release was increased after glucose challenge *in vitro*. *In vivo*, human nuclei and C-peptide were detected in the rat livers by immunohistochemistry. Moreover, after transplantation of differentiated cells into the diabetic rats, blood sugar level decreased [41].

Prabakar and colleagues investigated the use of CB-MSCs for the treatment of diabetes mellitus through *in vitro* and *in vivo* experiments. Subsequently to a pancreatic differentiation protocol, the cells expressed key markers such as *PDX1*, *NKX6.1*, and *NGN3* by immunofluorescence and RT-PCR, thus confirming that CB-MSCs may be successfully differentiated toward a pancreatic lineage [42].

Further reports provided evidence on the effects of *PDX1* gene transfection in UC-MSCs to obtain insulin-producing cells *in vitro*. The pancreatic differentiation protocol comprised three steps. The authors showed that insulin and C-peptide were detected after the third step of differentiation. Dithizone stain provided a morphological formal evidence of the differentiation process at this stage. In addition, insulin, *PDX1*, and *Nkx6.1* expressions were also confirmed by RT-PCR and western blot analyses in differentiated cells. Interestingly, the expression of such genes was restricted to transfected cells alone, whereas untransfected ones, or cells subjected only to the standard differentiation protocol, failed in expressing such genes [43].



Xiao and colleagues performed *in vivo* experiments aimed to investigate whether cotransplantation of UC-derived mesenchymal stromal cells (UC-MSCs) and cord blood mononuclear cells (CB-MNCs) could reverse hyperglycemia in type 1 diabetic mice. Authors also aimed to determine the appropriate ratio for cotransplantation [44]. UC-MSCs and CB-MNCs were transplanted into type 1 diabetic mice at different ratios, and blood glucose concentration was monitored in animals. Histology, immunohistochemistry, and human Alu PCR assays were performed to evaluate the presence of donor-derived cells and the repair extent of endogenous islets. In separate experiments, the authors also induced UC-MSC differentiation toward islet-like cells to determine their differentiation potential. Cotransplantation experiments showed that UC-MSCs and CB-MNCs at a ratio of 1:4 effectively reversed hyperglycemia in diabetic mice. Donor-derived cells were detected in pancreas and kidneys of transplanted animals. The *in vitro* data of the authors strongly suggested that the MSCs were able to be differentiated, *in vitro*, into insulin producing cells. However, human insulin was not detected in the regenerated pancreases. This may suggest that reactivation of local precursor cells, rather than cell replacement, should explain the mechanism of action of the infused cells [44].

Another work from Hu and coworkers showed that WJ-MSCs may be administered to type I diabetes patients, and the treatment is safe and prospectively effective [45]. The authors assessed the long-term effects of the implantation of WJ-MSCs in patients with newly onset T1DM. Patients were randomly divided into two groups; patients in group I were treated with WJ-MSCs and patients in group II were treated with normal saline and standard therapy. The long-term follow-up of patients was up to 21 months. No acute or chronic side effects were observed in group I patients compared with group II. Clinical parameters such as HbA1c and C peptide were significantly better in group I patients when compared either with pretherapy values or parallel values from group II during the follow-up period. These data suggested that the implantation of WJ-MSCs for the treatment of newly onset T1DM may be safe and effective.

## WHARTON'S JELLY MESENCHYMAL STROMAL CELLS CAN BE DIFFERENTIATED TO HEPATOCYTE-LIKE CELLS

MSCs are considered useful for liver regenerative medicine because of their key features such as self-renewal capacity, endodermal lineage differentiation potential, and immunomodulatory activity [46]. Different populations of MSCs have been used in *in vitro* experiments and preclinical studies to derive mature hepatocyte-like cells (HLCs).

In a seminal report, Campard and coworkers showed that UC matrix stem cells (UC-MSCs) are able to differentiate toward hepatocyte-like cells. UC-MSCs were cultured in a medium supplemented with factors promoting hepatic differentiation [47]. The initial population of UC-MSCs expressed CK-8, CK-18, CK-19; was negative for CK-7; expressed G6Pase, PEPCK (phosphoenolpyruvate carboxykinase),  $\alpha$ -1-antitrypsin ( $\alpha$ -1AT), tryptophan 2,3-dioxygenase (TDO); and lacked HepPar1 positivity and HNF-4 $\alpha$  or CYP3A4 expression. The UC-MSC-derived hepatocyte-like cells increasingly expressed markers such as tyrosine aminotransferase and TDO but remained negative for HNF-4. Nevertheless, functional assays showed that differentiated cells responded well to the differentiative stimulus, being able to store glycogen, producing urea and possessing active hepato-specific enzymes (CYP3A4, G6Pase). Moreover, *in vivo* experiments showed that after transplantation of undifferentiated UC-MSCs in liver of SCID (severe combined immunodeficiency) mice with partial hepatectomy, the engrafted cells expressed human hepatic markers such as albumin and AFP after 2, 4, and 6 weeks following transplantation [47].

Zhang and coworkers [48] performed an *in vitro* study on UC-MSC differentiation. The authors applied a single step protocol based on HGF and FGF-4 supplementation. The differentiated cells expressed liver-specific markers (albumin and AFP), stored glycogen, and showed uptake of LDL, thus reinforcing the concept of their usefulness as cellular therapy tools for liver diseases.

Zhao and collaborators [49] demonstrated that WJ-MSCs maintain *in vitro* hypoinnogenicity even after a hepatic differentiation protocol has been performed. In fact, differentiated hepatocyte-like cells, apart from expressing hepatocyte markers *in vitro*, and albumin *in vivo*, did not express HLA-DR following 2 or 4 weeks differentiation *in vitro*, thereby demonstrating that the differentiative process did not exert any change on the immunological features of these cells. This datum is of key importance because it provides a molecular confirmation of the low-immunogenic phenotype of WJ-MSCs *in vivo*, even after the application of a differentiation protocol.

Other authors showed that WJ-MSC-derived hepatocyte-like cells may promote the resolution of acute liver injury [50]. WJ-MSCs were induced to differentiate toward HLCs by seeding them on different supports (plastic, matrigel, and human acellular matrix). After up to 4 weeks of differentiation, the expression of several hepatic markers was assessed. The authors analyzed the expression of albumin, AFP, microsomal triacylglycerol transfer protein, tryptophan 2,3 dioxygenase (TDO). In addition, some functional assays were performed. The authors showed that UC-derived cells can differentiate

into functional HLCs without any support. Moreover, the authors demonstrated that undifferentiated UC-MSCs, once transplanted in a murine model of acute liver injury (induced by CCl<sub>4</sub>), homed specifically at the injury site and attenuated the inflammatory process, resulting in a lower infiltrate, lower proinflammatory cytokines levels (TNF- $\alpha$ , TGF- $\beta$ ), and increased levels of IL-10. Interestingly, the authors suggested that UC-MSC transplantation ameliorated hepatic damage by stimulating the activity of catalase, one of the main liver protection systems against reactive oxygen species [50].

In a more recent report, Li and coworkers [51] pointed out the role of exosomes derived from human UC-MSCs, which were demonstrated to alleviate liver fibrosis *in vivo*. In particular, transplantation of the sole exosomes in mice with CCl<sub>4</sub>-induced liver fibrosis resulted in reduced inflammation and collagen deposition. In addition, treated mice showed a recovery in serum AST levels. Interestingly, the authors showed also an inhibition of the epithelial-to-mesenchymal transition, with a reduction of vimentin-positive cells and increase of E-cadherin positive ones, with a positive effect on hepatocyte protection.

## IMMUNOMODULATORY ACTIVITY OF WHARTON'S JELLY MESENCHYMAL STROMAL CELLS

In the last years the interest for MSCs in regenerative medicine has been further justified by their striking features of hypoimmunogenicity and immune modulation [46]. The main proposed mechanisms of immunomodulation by MSCs involve secretion of soluble factors such as transforming growth factor- $\beta$  (TGF- $\beta$ ), HGF, prostaglandin E<sub>2</sub> (PGE-2), indolamine 2,3 dioxygenase (IDO). This may be due to the cross talk between MSCs and T lymphocytes [52]. Moreover, cell-cell contacts may also have relevant roles for the immunomodulatory activities of MSCs [53]. As reported by numerous groups, main immune-related features of MSCs include the inhibition of T cell proliferation and dendritic cell (DC) maturation and migration [54]. In addition, some studies suggested that MSCs may modulate T cell proliferation because of their low expression of costimulatory molecules and the lack of class II HLA [27,53]. In addition, the immunosuppressive capacity of MSCs may also be mediated by the induction of T cell anergy and regulatory T cells (Tregs), with significant consequences for postinfusion therapies [55,56].

Several reports indicate that MSCs express nonclassical type I HLAs such as HLA-G (as well as its soluble form HLA-G5) [57,58], HLA-F, and HLA-E [27]. To date, HLA-E expression has been observed in BM-MSCs, WJ-MSCs, and heart-resident MSCs [59]. It has been also demonstrated that these class Ib MHC molecules are involved in the instauration of tolerance of the mother's immune system toward the semiallogeneic embryo and in the induction of tolerance of NK cells toward self-cells [60,61], acting coordinately with other key molecules as early pregnancy factor [62]. In particular for WJ-MSCs, recent reports by us and others [63,64] demonstrated the expression of all three class Ib MHC molecules [65]. HLA-E expression has been also demonstrated in CL-MSCs and BM-MSCs, after TNF- $\alpha$  challenge [66].

Anergy is another mechanism underlying MSC-mediated T cell suppression. Further reports demonstrated that MSCs can induce immunosuppression, by stimulation of the production of CD8<sup>+</sup> regulatory T cells, thereby inhibiting allogeneic lymphocyte proliferation [67].

MSCs may also affect DC differentiation, maturation, and activation [68].

A striking feature that emerged in WJ-MSCs is the possibility to maintain the promising expression of immunomodulatory molecules also after the differentiation protocol, *i.e.*, in mature differentiated progeny. We showed [65] that WJ-MSCs, subjected to osteogenic, adipogenic, and chondrogenic differentiations, in parallel to the acquisition of the morphofunctional features of the differentiated cells, presented a pattern of expression of immunomodulatory molecules which resembled that of undifferentiated cells. In particular, we demonstrated that WJ-MSCs do express B7-H3 (CD276) at both the protein and RNA levels. The expression of such marker seems to be unaffected by the differentiation protocol applied and recalls what we observed in human heart-derived MSCs that are the first class of adult MSCs in which CD276 expression has been characterized [59,65].

These observations may provide a further point in the characterization of differentiated cells not only on the basis of the expression of desired markers of the mature cytotype but also for the maintenance of the immunomodulatory properties of naïve cells, which may further promote the reparative action of these cells if used in regenerative medicine applications.

A number of diseases, which in their final stages require organ transplant or cellular therapy, derive from or are accompanied by an unbalance in the organ inflammatory or immune state. To this regard, the use of a cellular therapy vehicle, which may provide both organ recellularization and restoration of a physiological microenvironment, may be a further benefit for patients. In addition, as MSCs are globally recognized for their immune privilege, which allows to evade the host immune response also in allogeneic settings, the possibility that also differentiated cells may maintain this feature deserves further research and *in vivo* applications for the increasing potential beneficial outcomes it can reserve. Literature reports did suggest that the chondrogenic differentiation process often fails in maintaining the immunomodulatory features

of undifferentiated cells, when compared with the adipogenic or osteogenic differentiations [69–71]. Our present data suggest that for some antigens (such as HLA-E), the alginate-embedding protocol may result in a phenotypical switch in the control cells. However, the positive correlation observed for the other MHC molecules, and the B7 costimulators monitored, strongly points to the maintenance of immune-related molecules as a global feature of differentiated WJ-MSCs [65].

## CONCLUSION

In the last 10 years the research on WJ MSCs witnessed an authentic explosion of data coming from laboratories throughout the world both on the basic biology of these cells and the clinical indications for the applications in cell therapy. The ways of interactions between WJ-MSCs and host microenvironment are many and complex. This is further shown by the studies that demonstrated that both cell–cell contact and diffusible signals can be responsible for the observed cellular action. Cells isolated from human Wharton's jelly constitute a particularly interesting population in that, albeit not exerting a frank stem cell function in the organ in which they reside, namely UC, they have shown an exceptional and unsurpassed plasticity in vitro and in vivo. This greatly expanded the clinical indications for these cells in regenerative medicine. More interestingly, WJ is a key part of the immunoprivileged placental tissues, and many immunomodulatory molecules that have been characterized in the tissue are continued to be expressed constitutively ex vivo. This suggests that, apart the repopulation-type cell therapy approach, based on the administration of fully competent mature cells, an alternative view can be imagined. In a support-type regenerative medicine approach, these cells may provide antiinflammatory and immunomodulatory activities that may promote the organ self-repair, even in diseases in which the physiological reparative processes are hampered by the underlying disease. More research is needed to fully understand the possibilities that these cells offer to the clinicians, and yet much has to be done to standardize isolation and differentiation protocols, to provide a safe and effective cell therapy agent to the patients.

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### Conflict of Interest

Dr. La Rocca is a member of the Scientific Board of Auxocell Laboratories, Inc. The funders had no role in article design, data collection, decision to publish, or preparation of the manuscript.

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